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Story: DRAFT - Angel : Angel : Angel's Mind (Part 1)

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Story Codes: MF MDom toys stretch hypno

Version Info: DRAFT - Revision 2

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Title: DRAFT - Angel : Angel : Angel's Mind (Part 1)

Universe: Tom, Angel

Summary: Tom begins the hypnotism and motivational training of Angel to bring her to the state of mind and body that they both seek. This story contains hypnotism, large toys, masturbation, domination, and stretching.

Keywords: Hypno, MDom, MF, Dildo Stretching Training

Language: English

Availability: PUBLICATION (All 12 Parts: Cherish Desire Singles Angel's Mind

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DRAFT - Angel's Mind  
(Part 1)

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written by Max

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Hypno, MDom, MF, Dildo Stretching Training  
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Tom had been studying the problem for several months. What cannot be controlled, must be subtly shaped. What cannot be shaped must be gently guided. And what must be given its own head, what must be allowed to act out its own demons - should be given space to burn itself out where it cannot harm anything else and preferably not itself.

Unfortunately, Angel tested all of this. Such was the way of the headstrong and the emotionally driven. Tom studied it carefully, intervened where he needed to, trying not to take too much of it personally. In all of the circles he travelled in, business or BDSM, international or local, there was an increasing number of unbalanced people. People who no longer were in touch with their emotions and no longer able to manage them. It was a wasting disease that was rapidly spreading in all its venomous social popularity. Angel, like so many others, fought to present an image that she didn't believe in herself. This led her to succumb to depression and emotional bouts as self-doubt ate at her. Like most people, Tom knew that without balance people slipped and could rarely stand themselves back up. But Tom also knew there were many perils to staying close to people who were lost - not the least of which was being targeted by their anger and frustration and drawn into their world of pain.

Tom allowed Angel room to determine her own course. At first he made no suggestions, but gave her a few months to her own devices. Then he set goals with her along with activities - plans she could build from; achievements she could claim as her own. Then he applied authority and direction to supplement non-existent motivation. Then he introduced variation in scenery: Michigan, Hawaii, Maine - opportunities to look outside of the box and back at it as well. But Angel's mood was soured as self-destructive urges and depression welled up - poisoning her attitude as well as her environment. It was by far the worst case of working issues that Tom had faced with a submissive, and likely due to Angel's natural switch tendencies to be something that he could neither fix nor dominate away.

This finally drew him in. Like anyone in a relationship he saw a path toward specific achievements and specific road markers along the way. After a year had gone by it was clear to him that the road he aimed for was no longer travelled by Angel. And Angel was just as clearly aware of it. This further fed her emotional state, driving her behaviour into a frantic display of extremes. When her mood even allowed for a display of anything, and she didn't just collapse to sleep the day away in depression. The textbook case of where the line is supposedly drawn between a relationship and therapeutic work - but Angel could get no help for like most people in the fetish and BDSM scene there was little understanding of her needs or state of being. So not being able to be truthful to a psychologist she then was further

troubled by creating more falsehoods and cloaking her identity further, and the psychologist could do nothing but make general recommendations that sometimes weren't even applicable. Angel's strong will drove her to throw off such assistance anyway. This left Tom in a curious fix which infuriated him more often than not.

So he proposed the next path. A path he had hinted at in numerous ways but never before was acceptable. A path which introduced risks that had never been part of his plans, but which Tom accepted even as he tried to coax Angel to clarify what she wished. Armed with knowledge from prior study and experimentation with other women when he was much younger (and less cognizant of consequences) - rearmed with new data and information, Tom began the sessions to see what could develop.

Thus he sat slowly reading from a script that night as Angel lie stretched out naked under the covers of their shared bed, "Take a nice deep breath, close your eyes and begin to relax." His voice was slightly sonorous but mostly calm. The tone was lilted with occasional emphasis. "Just think about relaxing every muscle in your body from the top of your head to the tips of your toes. Just begin to relax. And begin to notice how very comfortable your body is beginning to feel." Tom's voice continued on, soft and firm, his own breathing often following the pattern of the words. As he half read and half recited the relaxation induction.

The induction did not yet put Angel into a deep trance, but it did soothe her. Perhaps just reading to her would do the same, but it would have lacked the softness and gently guiding Tom's voice assumed. He studied her as carefully as he could during these periods. He also recorded the audio looking for patterns to improve or expound upon. The induction was simple and he did not overly extend it - though Tom worked now to learn where he could focus it to provide deep channels for Angel to slip in to. The risks weighed on him, but Angel sought something which she didn't seem to be able to do for herself. Tom had used similar self-hypnosis all of his life - more often thinking of it as meditative art than mesmerism - but Angel looked for external support in this manner.

"And the positive feelings will stay with you and continue to grow stronger and stronger throughout the day as you continue to relax deeper and deeper," Tom intoned with a soft sigh as he finished the induction. Angel had grow quiet but still she murmured to herself now and again and fidgeted. Tom took that as evidence that she was not wholly under any spell than a relaxed and aware state. For true post-hypnotic suggestions to implant the veneer of processing and filtering the conscious mind provided must be set aside - so his directives to follow were unlikely to stick particularly deep. But he went through the cycle with Angel to build up her natural capacity to relax and hoping she at least would get a good night's rest following. Continuing softly, Tom began to introduce the suggestions - wrapping Angel in energy and strength, boosting motivation for regular exercise and satisfaction eating a healthy though minimal diet, and promoting overall well-being. This Angel sought after, and, due to her emotional unsteadiness of late, had lost a solid grasp on. All of these suggestions were wrapped in the holistic benefits of such things as well as repetition surrounding the acts themselves.

Tom continued with suggestions in line with their greater agenda. He softly intoned, "When you look at your body, you see how it is improving. You can see how your balanced diet and working out make your body more sculpted and powerful. You can see how good you look, and you can see how healthy you are. You feel more and more attractive and comfortable with your naked body. As you picture yourself without any clothing on, you feel good with how toned and fit you are becoming." He checked her facial expression to see it was at rest, and then Tom continued. His breathing was smooth and sounded like waves slowly lapping on a shore. "Each time you see yourself naked you feel your eyes initially drawn across your breasts and down to your belly and over your abdomen and finally to your labia. You feel good as your eyes see how developed your pectoral muscles are. You feel good upon seeing how flat and tight your abdomen is becoming. You want to stretch your labia as you see them protrude outward. You want to make your inner lips longer and more visible. Whenever you are naked you feel an irresistible urge to pull and stretch your inner labia. You feel good as the skin is pulled down and you can see it stretch. You stretch your inner labia for a few minutes as a deep feeling of pleasure and warmth fills you. The irresistible urge will fade after a few minutes. While your lips are stretched you will feel your inner vaginal walls tingle and your anus relax. Each time you stretch your labia you picture your vagina filled with a very thick dildo. You are feeling relaxed and feeling pleasure from the toy stretching your vagina more and more. You enjoy seeing how your inner labia are stretched thin over the wide girth of the toy. You feel an orgasm pulsing through your body as you picture how you stretch your vagina every day with each time you play with dildos and wide objects."

Tom continued emphasizing the stretching of Angel's inner labia, the resulting relaxation of her anus, the pleasure at playing with large toys. After some sessions, following the return to full awareness, Tom encouraged stretching and penetration play. His goal was to develop Angel's enjoyment of stretching and large toy play to it's end state. Angel already regularly used her cunt to fuck dildos between 3 and 3.5 inches thick - and when thoroughly relaxed and

willing to accept some bruising she could handle a toy whose head was 4" wide at it's thickest. With hesitancy Angel had learned how to fist her own ass, and with some coaxing she had accepted playing with a 2" dildo there. But it would take much more relaxation and perhaps some desensitizing gel to begin to bring her ass to the same size as her cunt.

That was one thing that bothered Tom about Angel's "suggestions." Over time she would need to be educated to accept that cunt and ass were appropriate terms for the holes she would regularly stretch and prepare for him. Angel would need to also be brought to a point where she could speak clearly of her activities in those terms - while metaphor and allusion were appropriate on occasion, Tom knew that Angel was capable of being plain spoken about her activities and the impact on her body. For now Tom kept his tongue as he weighed what simple steps would be useful in providing a more powerful induction - for if he could bring Angel down to a deeper layer the suggestions would be far more effective.

He looked forward to leveraging her own desire by driving her forward with his plans to both stretch both her holes as open as possible and as frequently as possible. Tom knew soon that would be within his grasp.

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by Max

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